

Week 1



September 2016	Monday	Tuesday	Wednesday	Thursday	Friday
Chef's Kitchen	Breasted Chicken & Lentil Casserole Served with Dumplings & Steamed Potatoes	Shepherds pie Served with Steamed vegetable & Gravy	Chicken Tikka Drum Sticks Served with Roast Potatoes & Vegetables & Tikka Sauce	New York Cheese Burger Served with Cajun potato wedges	Breaded Fish fillet with Lemon, Tartar Sauce
Chef's Kitchen Vegetarian	Cheddar cheese, onion and potato bake Served with Salad & Vegetables	Vegetable & Chick pea Korma Served with steamed rice	Vegetable Pakora Served with Chilli Sauce & Salad Garnish	Creamy Mac'n' cheese Macaroni in a creamy cheddar cheese sauce Served with Garlic Slice	Pizza slice Served with Chips/beans
Spud Station	Various fillings on offer daily such as Cheddar Cheese, Tuna with Low Calorie Mayo and Baked Beans				
Seasonal vegetables	Sweetcorn Steamed Potatoes	Garden peas and minted new potatoes	Roast potato's, fresh carrots and cabbage	Cajun Potato wedges Peas/sweetcorn	Chipped potatoes Beans/peas
Pasta/Snack Bar	Beef Pasta bolognaise or Cheese & Tomato Pizza Slice	Chicken Hot Dogs Or Sweet chilli Lamb Wrap	Spicy lamb Pizza Slice Or Cheese potato pie	Vegetable & Bean Burger Or Cheesy Garlic Pizza Slices	Chef Special of the Day
Salads and fruit	Daily selection of salad bowl and fruit pots	Daily selection of salad bowl and fruit pot	Daily selection of salad bowl and fruit pot	Daily selection of salad bowl and fruit pot	Daily selection of salad bowl and fruit pot
Family Favourites	Toffee Sponge Served with custard	Lemon drizzle cake With custard	Cherry & apple Pie with Custard	Chocolate Concrete Served with custard Sauce	Muffin Cake with Custard Sauce



Week 2



September 2016	Monday	Tuesday	Wednesday	Thursday	Friday
Chef's Kitchen	Chicken & Lamb sausages with creamy mash and onion gravy	Sweet & Sour Chicken Served with Steamed Rice & Prawn Crackers	Roast Beef served with roasts potatoes & Vegetables	Lamb <u>rogan josh</u> with Mango Chutney served with Turmeric rice	Fish fingers Chips Beans/peas
Chef's Kitchen Vegetarian	Roast vegetable hot pot	Stuffed Pepper filled with Mediterranean vegetables served with salad garnish	Baked Onion <u>Bhajis</u> Served with roast Potatoes & Mint Dressing	vegetable cottage pie with creamy mashed potato & Vegetables	Pizza slice Served with chips & beans
Spud Station	Various fillings on offer such as Cheddar Cheese, Reduced Salt Baked Beans and Tuna with Low Calorie Mayonnaise.				
Seasonal vegetables/ Sides	French green beans , Creamy mashed potatoes	Sweetcorn, Potato wedges	Fresh Steamed Carrots Roast Potatoes	Fresh Cauliflower, Turmeric rice	Chipped potatoes , baked beans /peas
Pasta/Pizza Bar	Roasted Vegetable Pasta Bake Or Cheese & Tomato pizza	Cheese & Onion Slice Or Curried patties	Chicken Tikka pizza slice Or <u>Quron</u> Sausage Panini	Lamb <u>Katalma</u> Or Vegetable noodles	Chefs Special
Salad and Fruit	Daily selection of salad bowl and fruit pots	Daily selection of salad bowl and fruit pot	Daily selection of salad bowl and fruit pot	Daily selection of salad bowl and fruit pot	Daily selection of salad bowl and fruit pot
Family Favourites	Chocolate crunch with custard Sauce	Bake well Tart Served with Custard Sauce	Pear & apple Crumble with Custard	Banana cake with Custard Sauce	Fruit flapjack Custard Sauce



Week 3



September 2016	Monday	Tuesday	Wednesday	Thursday	Friday
Chef's Kitchen	Slow cooker butter chicken Served with Steamed Rice & Vegetables	Roast chicken Served with New potatoes, & Gravy Vegetables	Italian Meat Balls Served on a bed of steamed Pasta & Garlic Slice	Minced Lamb & Potato Hot Pot Served with vegetable & Gravy	Cod fish Cakes served with Chipped Potatoes and Garden Peas
Chef's Kitchen Vegetarian	Vegetarian mince bolognaise served in with pasta & Garlic slice	Cheese & Broccoli Quiche Served with Salad & Vegetables	Sweet and Sour stir fry vegetables with Steamed rice	Quorn and Sweet potato goulash Served with Rice & vegetables	Pizza slice Chips & beans/Peas
Spud Station	Various fillings on offer such as Cheddar Cheese, Reduced Salt Baked Beans and Tuna with Low Calorie Mayonnaise.				
Seasonal vegetables/ Sides	Steamed Potatoes/Rice Steamed broccoli	Buffalo Potatoes French Green Beans	Roasted potatoes, Cabbage & carrots	parsley potatoes, Fresh Parsnips	Chipped Potatoes, Garden peas/Beans
Pizza/Snack Bar	Chicken Zinger Hot Bread Or Margarita pizza slice	Cheese & Onion Pastry or Chicken <u>Katlama</u>	Chicken Tikka Pizza Slice Or Spicy Lamb Panini	Red Onion Quiche Or Chicken Sausage Rolls	Chef Special of the Day
Salads and Fruit	Daily selection of salad bowl and fruit pots	Daily selection of salad bowl and fruit pots	Daily selection of salad bowl and fruit pots	Daily selection of salad bowl and fruit pots	Daily selection of salad bowl and fruit pots
Family Favourites	Coconut & Jam sponge With Custard sauce	Treacle tart served with Custard Sauce	Oatie Apple Crumble served with custard	Pineapple upside down Cake with Custard Sauce	Iced Ginger Cake with custard Sauce

