

Our Ref: AM/SK/SafeguardPri2017-18
AlKhamis 4 Sha'ban 1439 AH | Thursday 19 April 2018

By Hand Via Pupil

Dear Parents/ Guardians of Primary

As-salaamu 'alaikum wa-rahmatullahi wa-barakatuhu

Re: Safeguarding

We hope and pray that this letter finds you in the very best of imaan and health.

This Term Primary classes will be discussing the NSPCC's PANTS rules in our PSHE lessons. During these discussions we will aim to teach our pupils the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils how to stay safe by learning the PANTS rules, which the NSPCC have developed to be like a Green Cross Code for staying safe from sexual abuse.

PANTS stand for:

- Privates are private.
- Always remember your body belongs to you.
- No means no.
- Talk about secrets that upset you.
- Speak up, someone can help.

The lessons will introduce a range of ideas, all delivered in a way that's fully age-appropriate, empowering pupils without using any frightening words.

These include:

- good and bad touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body
- who your child can turn to if they ever feel upset or worried.

If you would like to know more about the NSPCC's campaign and learn how you can help keep your children safe in partnership with Al-Hijrah School, more information can be found at nspcc.org.uk/pants If you have any questions or concerns please don't hesitate to get in touch with the school.

Jazak'Allah hu khayrun for your continuous support and cooperation.

Wa salaam

A. Mohammed

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| Head Teacher

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